
Jayne Crider

Strengths Insight Guide

SURVEY COMPLETION DATE: 12-29-2022



DON CLIFTON

Father of Strengths Psychology and
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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Adaptability
2. Intellection
3. Input
4. Context
5. Ideation

Adaptability

SHARED THEME DESCRIPTION

People who are especially talented in the Adaptability theme prefer to “go with the flow.” They tend to be “now” people who take things as they come and discover the future one day at a time.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you occasionally wait for situations or problems to arise, rather than plan in advance. If something or someone unexpectedly blocks your progress, you might easily find ways to adjust. Perhaps sudden changes force you to consider upgrades or tactics you had not thought of earlier. By nature, you avoid individuals who work non-stop, never taking a break. You refuse to rush headlong from one activity to the next. You are quite comfortable dealing with change, surprises, and unexpected problems. Why? While you appreciate schedules and plans, you recognize when it is wise to deviate — that is, turn away — from them. Because of your strengths, you may be happier with life when you quit trying to control the day’s events, opportunities, or surprises. Perhaps you experience a sense of freedom when you relax and live in the moment. You might be able to deal with certain types of change better than some individuals do. Driven by your talents, you live in a state of hope-filled expectancy. You eagerly await what will come next. You probably feel your life is a lot more interesting when you are not forced to follow set routines, rigid rules, and/or predictable plans. Instinctively, you occasionally rely on your intuition to make the right decisions as events unfold.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Intellection

SHARED THEME DESCRIPTION

People who are especially talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you notice that you choose to spend time with particularly intelligent adults. Besides enjoying their company and mature thinking, you welcome the opportunity to engage in sophisticated, knowledgeable, and thoughtful conversation. You amass numerous ideas, theories, or concepts from these encounters. Often the insights you gain have proved to be quite useful days, weeks, months, or even years later. Because of your strengths, you occasionally go off by yourself to think through things. Driven by your talents, you can escape the tension, pressure, or stress of everyday life by reading a good book, diving into a publication's articles, or pulling up information on the Internet. You are apt to take reading material with you on vacations, business trips, rest breaks at work, or tables for one at restaurants. You routinely dog-ear pages, underline key ideas, or scribble notes in the margins so your latest discoveries can be easily retrieved. Instinctively, you sometimes delight in having your very own tasks to perform. Perhaps you like to solo because it gives you quiet time to reflect on what you think or feel. Maybe you consider what you have done, are doing, or can do better. By nature, you may feel more optimistic about life during the weeks you invest at least five hours mulling over ideas, possible solutions, and/or opportunities. Perhaps you even reflect on past, present, or future events.

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Input

SHARED THEME DESCRIPTION

People who are especially talented in the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you like certain types of systems or rules. Sometimes they produce the uniform, consistent, and predictable results you want. This might be useful when individuals have to perform the same task in the same way over and over again. You might be an organized thinker. This may partially explain why you occasionally give step-by-step presentations about the inner workings of complicated procedures or regulations. By nature, you might favor working toward specific goals by yourself. To some degree, you enjoy having total ownership of particular projects. Once in a while, you invent and continuously build a specialized vocabulary that makes sense to you. If you forget to translate your language for certain individuals, however, they may ask you to define complicated terminology. Perhaps then your listeners can begin to understand what you are doing, how you are doing it, and why you are doing it. Chances are good that you may trust yourself to decide when to use intricate, sophisticated, or complicated words. Perhaps you enjoy inserting academic or professional terminology into your conversations, debates, and correspondence. Sometimes you reinforce your knowledge and build your confidence by using your extensive vocabulary. Maybe difficult-to-understand words give you an advantage that some people lack. Because of your strengths, you really like to read about past events and the key people involved. By accumulating lots of knowledge regarding days gone by, you regularly anticipate the opportunities and pitfalls you are apt to face in the coming months, years, or decades. Instinctively, you may sometimes feel a particular need to reach goals, make money, have power, or become famous. To achieve these successes, you might easily state what you want, expect, demand, or need. From time to time, you use sophisticated words or complicated terminology to capture and keep the attention of certain people. Maybe your vocabulary sets you apart. What you say and how you say it might threaten or intimidate selected listeners, if that is your intent.

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Context

SHARED THEME DESCRIPTION

People who are especially talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you may notice that your life makes more sense when you can examine past events. Perhaps having a historical frame of reference causes you to feel excited about what you are doing, what you have accomplished, or who has befriended you. It's very likely that you occasionally study what occurred in days gone by to understand why some things happened. Maybe you wonder why certain people behaved the way they did. A few of your insights about the past might cause you to reflect on what you need to do better or more perfectly today. Driven by your talents, you sometimes research historic events to understand their impact on today's people or events. Maybe knowing what occurred in bygone days helps you make sense of current conditions or the behavior of certain individuals. Instinctively, you create a vision of the future by unraveling what happened in the past. You strive to understand the what, when, who, where, how, and why of events. You are determined to create a framework of facts so you can put things in perspective. By nature, you periodically investigate some of the events, policies, or people whose actions contributed to worldwide wars. You might delve into materials that reveal how these global conflicts were brought to an end.

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Ideation

SHARED THEME DESCRIPTION

People who are especially talented in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you might search for new and fresh ways to make upgrades or enhancements. When you suspect there is a better way to do something, you might make certain revisions or test specific innovations. Chances are good that you may have a knack for generating innovative ideas for certain types of projects. Perhaps you are attracted to endeavors in which things need to be made better or upgraded. Instinctively, you are sometimes aware of the opinions people have of you. Maybe you know when individuals approve or disapprove of your contributions, accomplishments, talents, shortcomings, words, or deeds. It's very likely that you may select unusual words to describe your ideas or feelings. Perhaps your extensive vocabulary allows you to capture people's interest. By nature, you sometimes are sensitive to what certain individuals think of you. This sensitivity might motivate you to do certain things better than you have in the past.

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