EBP Week #1 Discussion - Initial

The organization I decided to review was the American Psychiatric Nurses Association (APNA). The organization facilitates mental health nurses' professional advancement through various resources. The APNA advocates for mental health care by sharing current knowledge and developments in psychiatric mental health nursing and collaborating with stakeholders to promote advancements (APNA, 2022). They use evidence-based practice (EBP) to promote and improve the quality of nursing care. EBP is a problem-solving approach that uses the best evidence from current research, clinical expertise, and patient preference (Yilmaz, Uysal, & Pirhan, 2022).

Outline in their collaborative Psychiatric-Mental Health Nursing: Scope and Standards of Practice Manual. Professional Performance (Standard 13) is evidence-based practice and research competencies. It mentions utilizing evidence-based nursing knowledge through research-guided practice decisions. Participating in research activities that identify clinical problems related to mental health is supported, and sharing research findings with peers and others promotes new knowledge and practice improvements. Critical analysis and interpreting research is encouraged because they can be applied to improve clinical practice. Research findings can also be used to develop organizational policies leading to systematic change that can support more individuals (ANA, APNA, & ISPN, 2022). Ultimately the APNA promotes research as a basis for learning.

The organization's work is grounded in EBP as they offer a variety of convenient continuing education courses, current research papers, affiliated resources, and events to assist nurses in learning and applying knowledge. An example of this is their course, Effective Treatment for Opioid Use Disorder: Educating & Empowering Advanced Practice Registered Nurses (APRN) During an Epidemic. This offering and others provide APRNs with evidence-based knowledge and strategies. In this case (course), knowledge and techniques to identify and select pharmacological and psychotherapeutic treatment options within the APRNs scope of practice are covered (APNA, 2022).

The information gained from the APNAs website has changed my perception of the organization. I did not realize the depth and variety of the resources they provide. They have established themselves as a leader in the field of psychiatric-mental health and work collaboratively with many other organizations to improve quality of life. An example is their advocacy of the Provider’s Clinical Support System (PCSS). Best practice guidelines and resources related to telehealth for opioid use disorder are discussed, and a toolkit is provided.

**References**

American Nurses Association, American Psychiatric Nurses Association, & International

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Yilmaz, M. C., Uysal, N., & Pirhan, H. (2022). Does Attitude towards Evidence-Based

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