Evidence-based practice and American College of Cardiology (ACC)

Evidence-based practice (EBP) improves healthcare quality, reliability, and patient outcomes as well as reduces variations in care and costs, it is still not the standard of care delivered by practicing clinicians across the globe (Melnyk et al, 2014). It is better to practice when some things are proven than to run to conclusions blindly. Nursing and all medical professionals are dealing with the lives of people so having some proof on our side improves treatment and brings out better results for our patients.

**ACC's Mission is to transform cardiovascular care and improve heart health.** Over the last seven decades, the College has been the place for cardiovascular professionals to learn, grow and share and will remain so as we realize the **ACC's Vision of a world where innovation and knowledge optimize cardiovascular care and outcomes.** The College recognizes its responsibility in bringing a clinical view and a patient voice to medical innovation, toward the goal of improved patient care (American College of Cardiology, n.d.). The Journal of American College of Cardiology is **aligned with the ACC’s mission to transform cardiovascular care and improve heart health, the JACC Journals continuously strive to provide the best resources for cardiovascular investigators, clinicians, and specialists at every professional stage (JACC Journals, n.d.).**

# **For instance,**A 2019 Report by the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society on Management of Patients with Atrial Fibrillation is updated for 2014 (Craig et al, 2019).

# Since the cardiovascular disease rate is so high, changing prevention and treatment methods are beneficial to progress toward better care. Providing evidence-based practice is best for the patients.

**References**

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